

ENSAYNE PROVISIONS

EP Meal To-Go (Weekly Menu)

Delivering delicious, hearty, healthy meals - from my oven to yours! Updated Weekly! This week's menu options Include:

Monday: Choice of Seafood \$17.50

(Salmon, halibut, grouper, sea bass, crab cakes)

Served with steamed broccoli and lemon garlic
new potatoes

Tuesday: It's Taco Tuesday \$15.00

Your choice of ground turkey, shrimp, chicken or
all 3 for an additional 1.50 per meat, served with
saffron rice, vegetarian beans and all
accompaniments

Wednesday: Ensaynely Fresh Grilled Chicken Salad \$15.25

Crisp romaine with cucumber, onion, tomato, bell pepper,
banana peppers, cheese, eggs and grilled chicken with your
choice of dressing.

(Ranch, Blue Cheese, Honey Mustard, 1000)

substitutions available or build your own

Thursday: Stuffed Spuds \$13.50

Loaded Baked Potato with your choice of Grilled
Chicken, Cajun Chicken or Cajun Shrimp served
with your choice of vegetable

(Dressing available for \$1 each)

Friday: Freestyle Friday

Every Friday there will be a new and different
culinary creation. Email us or give us a call. You
can make a request or choose the Chef's Special.

WWW.ENSAYNEPROVISIONS.COM